

# Center of Excellence for Behavioral Health

## February 2025 Monthly Newsletter

### CEBH News

- The **2025 Evidence-Based Practices in Behavioral Health Summit** will take place Tuesday, June 10, 2025, from 9:00 AM to 4:00 PM at the Holiday Inn & Suites Des Moines - Northwest. [View Event Details and Register.](#)
- On behalf of Iowa's CEBH, we are pleased to offer enrollment to **LivingWorks Start** at no cost to you. LivingWorks Start is a 90-minute online training that helps learners develop foundational skills to recognize when someone may be thinking of suicide and connect them to further help. [Enroll Now.](#)
- Iowa's Leadership Education in Neurodevelopmental and Related Disabilities (LEND) Program Presents: **Providing Quality Care for People with Disabilities**, a free self-paced [course](#) created to help pre-service and practicing healthcare providers improve the health of people with disabilities across the lifespan. [See the flyer.](#)

### February CEBH Trainings

Monday, February 10, 2025 Tuesday, February 11, 2025 8:30 AM to 4:30 PM	<i>Applied Suicide Intervention Skills Training (ASIST)</i> <i>2-day workshop (Clinton, IA)</i>	<a href="#">Register Here</a>
Wednesday, February 12, 2025 9:00 AM to 10:00 PM	<i>Counseling on Access to Lethal Means (CALM) - Introductory Training</i>	<a href="#">Register Here</a>
Wednesday, February 19, 2025 10:00 AM to 12:00 PM	<i>Social Determinants of Health: Key Factors Influencing Well-Being</i>	<a href="#">Register Here</a>

### Upcoming CEBH Trainings

Wednesday, March 5, 2025 1:00 PM to 2:00 PM	<i>Technology of Survival</i>	<a href="#">Register Here</a>
Tuesday, March 11, 2025 9:00 AM to 12:00 PM	<i>Motivational Interviewing and Stages of Change</i>	<a href="#">Register Here</a>

[2024 Trainings Archive](#)

[2023 Trainings Archive](#)

### CEBH On-Demand Trainings

[IPS 101: Introduction to the Basics](#)

[Introduction to Assertive Community Treatment \(ACT\)](#)

[Iowa IPS Specialist Training Course](#)

[Iowa IPS Toolbox](#)

[PSH Toolbox](#)

### CEBH Resources

[ACT in Iowa Contact Information](#)

[Iowa ACT Teams Map](#)

[Proposed Numbers & Location of ACT Teams in Iowa](#)

[MEMO: Outreach on ACT Rate in Iowa](#)

[Preparing for an ACT Fidelity Review](#)

[Iowa IPS Start-Up Checklist](#)

[Iowa IPS Fidelity Manual](#)

[PSH Infographic](#)

[Iowa PSH Program Guide](#)

### Resources

[Supporting Crisis Stabilization for Youth and Young Adults During Reentry](#)

[Addressing Mental Health and Substance Use Issues Facing LGBTQI+ Communities](#)

[Community Expansion of Evidence-Based Harm Reduction Strategies for People Who Use Drugs](#)

[Promoting Wellness in the Workplace](#)

[Family Peer Support Services: Broadening the View](#)

# February External Trainings

## Peer Services Webinar Series

Iowa Peer Workforce Collective conducted focus groups with over 30 peer services supervisors and managers between 2023 and 2024. They described the vital role of peer services as well as the challenges they experienced at the individual, organizational, and policy levels. Based on these discussions, IPWC developed this webinar series.

- The series is open to everyone.
- Participants can attend one or multiple sessions in the series.
- All IPWC trainings and CEUs are free.
- For a description of each webinar topic and to **register** for the first one, [click here](#).

<b>Friday, February 7, 2025</b> 12:00 PM to 1:00 PM	<b>Peer Services Webinar 1: Peer Support: Moving from a “Nice to Have” to an “Essential to Have” Service</b>	Mirna Herrera, <a href="#">SAMHSA</a>
<b>Friday, March 7, 2025</b> 12:00 PM to 1:00 PM	<b>Peer Services Webinar 2: Paying for Peer Services in Iowa and Hiring Peer Specialists</b>	Jen Riley, <a href="#">Pathways</a> Katelyn Akright, <a href="#">IPWC</a>
<b>Friday, April 4, 2025</b> 12:00 PM to 1:00 PM	<b>Peer Services Webinar 3: Training and Certifying Peer Staff in Iowa</b>	Kellee Thorburn McCrory, <a href="#">IPWC</a> Katie Hentges, <a href="#">Iowa Board of Certification</a>
<b>Friday, July 11, 2025</b> 12:00 PM to 1:00 PM	<b>Peer Services Webinar 4: Trauma-Informed Peer Supervision</b>	Mirna Herrera, <a href="#">SAMHSA</a>

## Iowa HHS Behavioral Health Launches Monthly Virtual Town Halls

The Iowa Department of Health and Human Services (HHS), Division of Behavioral Health, is launching monthly virtual town halls to provide a forum for updates, questions, and feedback related to Iowa’s behavioral health service system and the work to build out the continuum of behavioral health prevention, early intervention, treatment, recovery support, and crisis services available throughout Iowa.

Sessions are intended to help providers, partners, system stakeholders and other interested Iowans feel connected to HHS’ system development and to improve HHS’ connections to behavioral health services throughout the state.

**Upcoming Town Hall Dates:** [Register for the Behavioral Health Town Halls](#)

- **February 27, 2025** – 4 p.m. to 5 p.m.
- **March 27, 2025** – 4 p.m. to 5 p.m.
- **April 24, 2025** – 4 p.m. to 5 p.m.

[View Behavioral Health Rules](#)

[View Aging and Disability Services Rules](#)

Have questions about Iowa's Behavioral Health Service System? [Submit your questions](#)

## February External Live Trainings

<b>Monday, February 3, 2025</b> 8:00 AM to 10:00 AM	<b><i>Documentation for Behavioral Health Professionals - The Basics</i></b>	<a href="#">Register Here</a>
<b>Tuesday, February 4, 2025</b> 2:30 PM to 4:00 PM	<b><i>The Impact of Houselessness on the Mental Health and Wellbeing of Children, Youth &amp; Families</i></b>	<a href="#">Register Here</a>
<b>Wednesday, February 5, 2025</b> 9:30 AM to 11:00 AM	<b><i>Considering Culture in Preventing Drug Use Among College Students</i></b>	<a href="#">Register Here</a>
<b>Thursday, February 6, 2025</b> 12:30 PM to 1:30 PM	<b><i>Crisis: Before, During, and After Webinar Series: 988 &amp; 911: What to Know, What to Do</i></b>	<a href="#">Register Here</a>
<b>Monday, February 10, 2025</b> 9:00 AM to 11:00 AM	<b><i>Change Talk, What to Do Once You've Evoked It</i></b>	<a href="#">Register Here</a>
<b>Wednesday, February 12, 2025</b> 11:00 AM to 12:00 PM	<b><i>Closing the Gap: Training Your Way Out of the Workforce Crisis</i></b>	<a href="#">Register Here</a>
<b>Thursday, February 20, 2025</b> 9:00 AM to 4:00 PM	<b><i>Foundational Prevention Ethics</i></b>	<a href="#">Register Here</a>
<b>Thursday, February 20, 2025</b> 12:00 PM to 1:00 PM	<b><i>Question. Persuade. Refer.</i></b>	<a href="#">Register Here</a>
<b>Thursday, February 20, 2025</b> 12:00 PM to 1:30 PM	<b><i>Substance Use Risk and Protective Factors for the Older Adult Population</i></b>	<a href="#">Register Here</a>
<b>Friday, February 21, 2025</b> 9:00 AM to 10:00 AM	<b><i>Alcohol Use Disorders 101</i></b>	<a href="#">Register Here</a>
<b>Friday, February 21, 2025</b> 12:00 PM to 2:00 PM	<b><i>Why &amp; How to Debrief After De-escalation</i></b>	<a href="#">Register Here</a>
<b>Thursday, February 27, 2025</b> 1:00 PM to 2:00 PM	<b><i>Prevention and Parenting Across the Lifespan Series - Equipping Adolescents: An Introduction to Guiding Good Choices, a Tested and Proven Parenting Program</i></b>	<a href="#">Register Here</a>

## External On-Demand Trainings

\*Free trainings, account set up might be required

<b>School and Community Programs Professional Training - <a href="#">More Info</a></b>
<b>Preventing Suicide in Emergency Departments - <a href="#">More Info</a></b>
<b>Assessment and Management of Alcohol Withdrawal - <a href="#">More Info</a></b>
<b>Integrating Mindfulness Practices in the Workplace: A Four-Part Series - <a href="#">More Info</a></b>
<b>Wisdom from the Streets: Unhoused, Criminalized, and Hospitalized - <a href="#">More Info</a></b>